

Food manufacturers are *not* required to disclose the possibility of contamination with common allergens. Warnings like “*may contain traces of peanuts*” and “*manufactured on equipment that processes milk*” are entirely voluntary with no guidelines for when they should be used or how they should be worded. *Absence of these warnings does not mean the product is safe, even for large, well known manufacturers!*

By leveraging our relationships with over 60 responsible companies that provide us with processing information, *Allergence steps in where the label leaves off.*



Our interactive service screens for 11 allergens including *peanuts, tree nuts, eggs, milk, wheat, soy, fish and shellfish*, as well as *sesame, mustard and gluten*.

Enter profiles describing allergen restrictions for each allergic member of your family and Allergence will show you when products meet dietary restrictions for every member, some members, or none at all.

For each product, Allergence shows you which allergens are used as ingredients,

**Allergen Profile**

Allergen	Ingredient	Manufacturing Exposure	Marketed Free
Peanut:	<input type="checkbox"/> NO	<input type="checkbox"/> NOT PROCESSED in facility	<input type="checkbox"/> YES
TreeNut:	<input type="checkbox"/> NO	<input type="checkbox"/> NOT PROCESSED in facility	<input type="checkbox"/> YES
Egg:	<input type="checkbox"/> NO	<input type="checkbox"/> NOT PROCESSED in facility	<input type="checkbox"/> YES
Milk:	<input type="checkbox"/> NO	<input type="checkbox"/> NOT PROCESSED in facility	<input type="checkbox"/> YES
Wheat:	<input type="checkbox"/> NO	<input type="checkbox"/> NOT PROCESSED in facility	<input type="checkbox"/> NO
Soy:	<input checked="" type="checkbox"/> YES	<input type="checkbox"/> PROCESSED in LINE	<input type="checkbox"/> NO
Fish:	<input type="checkbox"/> NO	<input type="checkbox"/> NOT PROCESSED in facility	<input type="checkbox"/> NO
Shellfish:	<input type="checkbox"/> NO	<input type="checkbox"/> NOT PROCESSED in facility	<input type="checkbox"/> NO
Sesame:	<input type="checkbox"/> NO	<input type="checkbox"/> NOT PROCESSED in facility	<input type="checkbox"/> NO
Mustard:	<input type="checkbox"/> NO	<input type="checkbox"/> NOT PROCESSED in facility	<input type="checkbox"/> NO
Gluten:	<input type="checkbox"/> NO	<input type="checkbox"/> NOT PROCESSED in facility	<input type="checkbox"/> YES

**Certifications**

Certified Kosher:  YES

Certified Organic:  NO

Certified Gluten Free:  NO

Certified Non-GMO:  YES

**Suitability**

This product does NOT meet your criteria for SOME profiles

Profile Reason

Joey:  Exceeds Soy Tolerance

which are processed in the line or facility, and whether the manufacturer markets the product as *Free From* each allergen. The service also shows you whether the product bears *kosher, organic, gluten-free* and *non-GMO* certifications from industry recognized authorities.

Allergence allows you to browse products by category or manufacturer and displays product images, descriptions, warnings, ingredient lists, and store finders. You can even share product listings with family and friends via social media and e-mail.

To sign up for your free account, visit: [allergence.com](http://allergence.com)

# Food Allergy Resources for Home and School

provided by



in partnership with

over 60 responsible food manufacturers dedicated to serving the food allergy community

Safe Snack  Guide

**allergence**  Product Screening Service

SnackSafely.com  Blog



The Safe Snack Guide is a free publication that catalogs over 1000 allergy-friendly food options, all of which are free of peanuts and tree nuts and hundreds free of the Top 8 allergens. The Guide provides options that can be used in support of allergen exclusion policies for classrooms, youth sports leagues, camps, scouting groups, etc.

Where individuals congregate and consume snacks in the presence of allergic individuals, the Guide provides snack options to help limit the opportunities for contact exposure.



Despite its name, the Safe Snack Guide is *not* limited to snacks. Products are conveniently organized into more than 40 categories including:

- Pretzels
- Breakfast Cereals
- Potato Chips
- Peanut Butter Alternatives
- Corn Chips
- Chocolate
- Dried Fruit
- Baking Mixes/Flours
- Cookies
- Granola/Trail Mixes/Seeds
- Candy
- Nutrition/Cereal Bars

Symbols indicate which products are made in facilities free of peanuts, tree nuts and the Top 8 or explicitly marketed free of these allergens by their respective manufacturers.

The Guide is updated once or twice monthly as companies join our *Manufacturer Partnership* and new products are introduced. You can subscribe to receive our e-mail newsletter to be notified whenever updates are published.

Recommended by thousands of schools nationwide on their websites, in their newsletters, and in direct communications with parents, the Guide helps them implement allergen exclusion policies for classroom snacktime and celebrations.



The Safe Snack Guide, with over ¼ million downloads each year, is your go-to resource for the home as well.

To download your free copy of the Guide and subscribe to updates, visit us at:

[snacksafely.com/safe-snack-guide](http://snacksafely.com/safe-snack-guide)

Established in 2011, SnackSafely.com provides straightforward, actionable information to help improve the lives of the estimated 15 million people in the US suffering with food allergies.

We strive to eliminate anaphylaxis by leveraging our on-line properties to educate, advocate, and connect the allergic community with products and services that help toward achieving this goal.

Our blog covers topics of interest to the food allergy community including news reports; ongoing research, clinical studies, trials and progress toward treatment and cure; general advocacy; and advice regarding food safety and school policies.

We invite our readers to comment on our articles which often provides a medium for spirited discussion.

Drawing on product information sourced directly from responsible manufacturers, the Safe Snack Guide and Allergence are trusted resources that help families coping with food allergy navigate the confusing, often unreliable information that appears on the product label.

To browse our blog, subscribe to our newsletter, and learn more about our free services, visit us at:

[snacksafely.com](http://snacksafely.com)